



Kenton Vision Care, Inc.
— Jonathan L. Warner, O.D. —

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EYE OPENERS

A newsletter for our patients in Hardin County and the surrounding area



Welcome to our office! We enjoy working with our patients and developing a lasting relationship with them. That is why we set convenient office hours that allow us to accommodate your busy schedule. Our doctor and staff also take time to get to know you, your vision requirements, and your lifestyle needs, so that we can provide quality vision care to you.

KENTON VISION CARE, INC.

Family vision care
Glasses & Sunglasses
Contact lenses
Safety glasses
Treatment of eye injuries & eye diseases
Refractive surgery co-management
Cataract surgery co-management

Our office is handicapped accessible.
The handicap accessible entrance is on the
north side of our building.

www.kentonvisioncare.com

Regarding Contagious Illnesses

Before the coronavirus pandemic started, it was not uncommon for patients to come to the office for an eye exam when they were sick with a cold or the flu. We usually did not find out about this until they were in the exam chair, at which point they would say "I am getting over a cold" or "I am getting over the flu". These days when someone is sick, we don't know if it is a cold, the flu, or Covid, since there are overlapping symptoms with all three types of infections.

In order to keep our staff and other patients healthy, we are asking the following:

- If you have a cold, flu, or other respiratory disease, please wait until you are completely over it before calling to schedule an eye exam.
- If you get sick between the time you schedule an appointment and the appointment itself, please call to cancel your appointment and call back when you are completely over the illness.
- If a patient arrives for an eye exam, and we find out they are sick with a respiratory ailment, we will re-schedule the eye exam at least two weeks out. We want to keep everyone as healthy as we can.

SOME IMPORTANT SUGGESTIONS

- If you want to schedule an appointment for an eye exam or office visit, please **call the office** rather than coming to the office.
- If you are having a medical eye problem, please **call the office to schedule an appointment** rather than coming to the office.
- If you are paying a medical visit bill, please **send the payment in the enclosed envelope** provided rather than coming to the office.
- If you have questions about something, please **call the office**. The staff will do the best they can to help you with that, and if necessary, the doctor will call you back.
- If your frame is broken and still under warranty (within a year) **call the office**. We can usually figure out over the phone if we need to order a new part or not and get it ordered before you need to come in.

Our Office Hours

Monday—Friday

9am—6pm

Saturday

9:00 am—12:00 pm

Our office hours are designed with you in mind. We know that most businesses close at 4:00, 4:30, or 5:00pm during the week, so we keep our office open until 6:00pm.

We are also open on Saturday mornings for people who cannot get to our office during the week.

New Frame Lines

At Kenton Vision Care



Have you seen our new frame lines? We have Reese Witherspoon's Draper James line which includes her newly released "Mommy and Me" coordinating frames. Also included for women are Kate Spade, Fossil, Calvin Klein Jeans, Nine West, Genesis, Evolution, Altair, Cole Haan, Liu Jo, Anne Klein, BeBe and Lenton & Rusby.

Our men's frame lines include Joseph Aboud, Evolution, Genesis, JOE, Columbia, Calvin Klein Jeans, Fossil, Hugo Boss, Cole Haan, Lacoste, Lenton & Rusby and Spyder.

We also have the Flexon line of flexible titanium frames for men and women. For those who prefer the drilled rimless glasses we offer the Airlock line.

We feature sunglasses off-the-rack as well as prescription sunglasses. Our women's line includes Vera Bradley, Anne Klein, Draper James, BeBe and Cole Haan. Men's sunglasses include Columbia, Nike, and Lacoste.

A Special Note for Contact Lens Wearers:



We fit the latest in contact lenses for high oxygen permeability and good wettability. However, for some patients who have developed sensitivities to deposits on contact lenses and some components of contact lens solutions, the only comfortable way to wear contact lenses is daily disposable contact lenses which we also fit.

When we do contact lens fittings or re-fittings in our office, we always have the patient try several of the latest types of contact lenses. This is important, as it allows the patient to find out which lens is most comfortable for them personally. There is no one best lens for everyone, despite the ads you may see on TV from some of the contact lens companies. What is most comfortable for one person is not comfortable for all people.

New Optometric Equipment in 2021 at Kenton Vision Care

In June we purchased a combined instrument which is both an OCT and a retinal camera. We had a retinal camera before, but with the OCT component, it is able to not only photograph pathological conditions of the retina and optic nerves, but to evaluate them in a way that a retinal camera can not. OCT stands for Optical Coherence Tomography. It is a non-invasive test that uses light waves to take cross sectional pictures of the retina and optic nerve. This allows the evaluation of the different layers of the retina to assess pathology below the surface levels. This can be used to evaluate glaucoma and glaucoma suspects, macular degeneration, diabetic retinopathy, plaquenil toxicity, ocular histoplasmosis, macular holes, macular puckers, and many other conditions.

Before we got this instrument, we had to refer patients out of the county to have this evaluation done, which meant patients needed to get a driver, and in some cases, take a day off work to get this done.

The fee for this is covered by medical insurance, not by vision plans.

Focus On: Glaucoma

Glaucoma is an eye disease that results in the loss of peripheral vision initially and leads to total blindness eventually if not treated. Most types of glaucoma are painless, and the initial loss of peripheral vision is not obvious, so glaucoma may progress to a significant degree before the patient notices any symptoms. The only way to detect glaucoma in the early stages is to have regular eye exams.

Some patients don't have glaucoma yet, but fall into a category that we call "glaucoma suspects". The most common reasons for being a glaucoma suspect are a family history of glaucoma, pressure in the eyes that is above normal or unequal, and an appearance of the optic nerve heads of large or unequal "cupping". This refers to the size, shape, or depth of the normal dip in the optic nerve heads.

Important tests for glaucoma and glaucoma suspects are checking the pressure in the eyes, observing the optic nerve head through a dilated pupil, threshold visual field testing, and optical coherence tomography (OCT). The later two tests are covered by medical insurances only, not by vision plans.

Treatment for most types of glaucoma usually starts with eyedrops to lower the pressure in the eyes. In some cases, surgery to lower the pressure in the eyes may be needed later if the pressure is not able to be controlled adequately by eyedrops alone.

Handicap Accessibility and Our Office

We have long had a wheelchair ramp on the north end of our building. Some patients are still not familiar with that fact, since it is at ground level and not very visible from the street. In recent years, we finished replacing sidewalk sections in front of our office to make the whole area very smooth. We had found that some of our mobility-impaired patients still preferred coming in the front door, so this should make it easier for them getting in and out and back to their cars.



NEW OPTOMETRIC EQUIPMENT IN 2020 AT KENTON VISION CARE

In July we purchased a computerized vision chart to replace the standard projector eyechart. The computerized eyechart has a higher contrast between the letters and the background. It also has multiple other eyecharts besides letters including numbers, picture figures for preschool age children, contrast sensitivity testing for certain medical eye conditions, color vision testing, and depth perception testing.

Did You Know?

- 80% of learning is through vision
- 1 out of 4 school-age children has an undiagnosed vision problem
- Children do not know how they should see.

Remember that appropriate vision testing at an early age is vital to ensure your child has the visual skills he or she needs to perform well in school. A child who is unable to see print or view a blackboard can become easily frustrated, leading to poor academic performance.

Help your child have the best possible vision for school. Call our office today to schedule your child for a comprehensive eye exam.

Non-Ocular Health Disorders We Have Detected During Eye Exams

- high blood pressure
- high cholesterol
- diabetes
- acne rosacea
- post stroke
- carotid artery occlusion
- stroke
- defective heart valve
- pseudo-tumor cerebri (idiopathic intracranial hypertension)
- multiple sclerosis
- brain tumors
- skin cancers

1. The eyes are not isolated from the rest of the body. The eyes are connected to the rest of the body through:
 - ◇ the circulatory system
 - ◇ the hormonal system
 - ◇ the nervous system—the optic nerve is a tract (extension) of the brain.
2. An “eye exam” is not just an examination of the eyes. It is also an examination of the circulatory system and nervous system. The eyes are the only structures in the body where you can see both the circulatory system and the nervous system. These systems can be examined non-invasively with the dilated internal exam and/or visual field testing.
3. Some of these conditions were symptomatic and some were not, when they were found. In cases where the problems were symptomatic, the patients thought the problem was only with their eyes.
4. In an eye exam, we may not find the non-ocular disorder itself, but we find evidence of it.

INTRODUCING.....Our Doctor and Staff

Dr. Warner graduated from The Ohio State University College of Optometry in 1990. After graduation he joined the practice that was founded by Dr. Paul Nicely in 1950, and he purchased the practice in 1992. Dr. Warner is a member of the American Optometric Association, Ohio Optometric Association, Kenton Rotary Club, and attends Immaculate Conception Church. Dr. Warner is married to Patty and they have two children and a cat.

Patty has worked in the office on a part-time basis since 2000. Currently, she works on the administrative side of the practice. Patty is married to Dr. Warner and they have two sons. She is actively involved in her church and enjoys spending time with family and friends. One of these days she will tackle organizing 20 years worth of family photos.

Tammy has worked for Dr. Warner since March of 2003. She is office manager, does insurances and billing, and works with all areas of patient needs. She and her husband Rob have three sons, two granddaughters, and twin grandsons. Tammy enjoys family get-togethers, and family activities, and scrapbooking.

Karen started working for Dr. Warner in 2016. She and her husband Roger have been married since 2005. She was born in Baltimore, Maryland and was an Army brat until her father retired and settled in this area. She enjoys time with her family and friends and attends Only Believe Christian Ministries.

Krista worked for Dr. Warner from 2015 thru 2019 and then started again in November of 2020. She was born in San Diego, CA, where she worked for an Optometrist from 2006 thru 2013, and has lived in Kenton since 2013. She works with all areas of patients needs in the office. She enjoys spending time with her 3 dogs and family, and enjoys doing anything outdoors.

Michelle started working here December 2021. She is married to Tim Glasco Jr. and has 3 kids, all boys, together. They have been married since May 6, 2012. She has a cat named Willow, a dog named Foxy, a hamster named Milky Way and 2 fish named Shark & Fin. She enjoys working here and loves her work. She hopes one day she will have the privilege to manage the office.

Heather started working for Dr. Warner in May of 2022. She has lived in Wyandot County most of her life. She enjoys spending time with her children, her family and her dogs. She enjoys meeting new people. She is eager to learn all there is to know about her new position.



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