



Kenton Vision Care, Inc.
 — Jonathan L. Warner, O.D. —

110 N. High St.
 Kenton, OH 43326
 419-673-0492

EYE OPENERS

A newsletter for our patients in Hardin County and the surrounding area



Welcome to our office! We enjoy working with our patients and developing a lasting relationship with them. That is why we set convenient office hours that allow us to accommodate your busy schedule. Our doctor and staff also take time to get to know you, your vision requirements, and your lifestyle needs, so that we can provide quality vision care to you.

KENTON VISION CARE, INC.

Family vision care
 Glasses & Sunglasses
 Contact lenses
 Safety glasses
 Treatment of eye injuries & eye diseases
 Refractive surgery co-management
 Cataract surgery co-management

Our office is handicapped accessible.
 The handicap accessible entrance is on the north side of our building.

www.kentonvisioncare.com

Coronavirus Procedures Information

We are following the Re-Opening Guidelines established by the Governor's Taskforce on Re-Opening in conjunction with the Ohio Optometric Association. Some procedures in the office have changed due to the coronavirus outbreak. **SOME KEY POINTS** are noted below:

- Everyone who comes into the office will need to be **wearing a mask that covers the mouth and nose.** (That is not just true in optometry offices, but also in many other businesses that have a close interaction with members of the public.)
- If you have a **cold, the flu, or any other respiratory infection or any fever,** you will need to wait for an appointment until you are **completely over the infection** before we can schedule you.
- We are doing a great deal of office cleaning before we see patients in the morning and throughout the day.
- We can dispense contact lenses at curbside or at the front door. We can also have contact lenses shipped to your house by taking your credit card information over the phone.

SOME IMPORTANT SUGGESTIONS that will be helpful while we are dealing with the pandemic include:

- If you want to **schedule an appointment** for an eye exam or office visit, please **call the office** rather than coming to the office.
- If you are having a **medical eye problem,** please **call the office to schedule an appointment** rather than coming to the office.
- If you are **paying a medical visit bill,** please **send the payment in the enclosed envelope** provided rather than coming to the office.
- If you have **questions** about something, please **call the office.** The staff will do the best they can to help you with that, and if necessary, the doctor will call you back.
- If your **frame is broken** and still under warranty (within a year) **call the office.** We can usually figure out over the phone if we need to order a new part or not and get it ordered before you need to come in.

Our Office Hours

Monday—Friday

9am—6pm

Saturday

9:00 am—12:00 pm

Our office hours are designed with you in mind. We know that most businesses close at 4:00, 4:30, or 5:00pm during the week, so we keep our office open until 6:00pm.

We are also open on Saturday mornings for people who cannot get to our office during the week.

New Frame Lines

At Kenton Vision Care



Have you seen our new frame lines? We have Reese Witherspoon's Draper James line which includes her newly released "Mommy and Me" coordinating frames. Also included for women are Kate Spade, Fossil, Calvin Klein Jeans, Nine West, Genesis, Evolution, Altair, Cole Haan, Liu Jo, Anne Klein, BeBe and Lenton & Rusby.

Our men's frame lines include Joseph Aboud, Evolution, Genesis, JOE, Columbia, Calvin Klein Jeans, Fossil, Hugo Boss, Cole Haan, Lacoste, Lenton & Rusby and Spyder.

We also have the Flexon line of flexible titanium frames for men and women. For those who prefer the drilled rimless glasses we offer the Airlock line.

We feature sunglasses off-the-rack as well as prescription sunglasses. Our women's line includes Vera Bradley, Anne Klein, Draper James, BeBe and Cole Haan. Men's sunglasses include Columbia, Nike, and Lacoste.

A Special Note for Contact Lens Wearers:



We fit the latest in contact lenses for high oxygen permeability and good wettability. However, for some patients who have developed sensitivities to deposits on contact lenses and some components of contact lens solutions, the only comfortable way to wear contact lenses is daily disposable contact lenses which we also fit.

When we do contact lens fittings or re-fittings in our office, we always have the patient try several of the latest types of contact lenses. This is important, as it allows the patient to find out which lens is most comfortable for them personally. There is no one best lens for everyone, despite the ads you may see on TV from some of the contact lens companies. What is most comfortable for one person is not comfortable for all people.

Check Out our Frame Packages!



Are you aware we have several budget-friendly frame packages? Our labs have put together a combined frame and lens package in 5 options to meet your needs.

Affordable Vision Plan starts at \$55 for single vision. The **Choice Plan** starts at \$45 for single vision, and the **Value Plan** starts at \$92 for single vision.

Additional plan options include Progressive (no-line bifocal), Transitions which change in the sun, Polarized, and Anti-Reflective Coating.

The **Lookouts** package for kids starts at \$115. The **Progear Eyeguard Sports** package is available for \$155. Lookout plan options include Transitions and two-sided scratch coating (single sided is included).

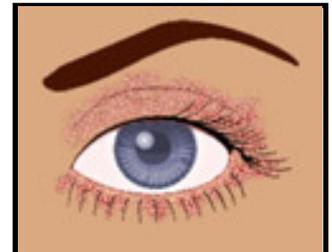
These frame packages come with a one-year warranty on lenses and frames against manufacturer's defect.

We also have a **safety frame** program starting at \$56 for single vision. Options include Progressive, Transitions, UV and Anti-Reflective coatings, and solid tints. They come with detachable or permanent side-shields.

Focus On: Blepharitis

Blepharitis is a low grade infection or inflammation of the oil glands in the upper and lower eyelids. Most cases are chronic, meaning they have been present for a long period of time. A few cases are acute, meaning they came on suddenly. For chronic blepharitis, eyelid hygiene is very important. This means soaking and then washing the eyelids. This can be done in the shower or while standing at the sink. Medical treatment may include antibiotics or antibiotics with steroids if the cause seems to be mostly bacterial. In recent years, it has become known that skin mites (demodex) are responsible for some cases of chronic blepharitis that have not responded to antibiotics. Fortunately, new treatments are available for blepharitis caused by skin mites.

Untreated blepharitis can cause many other eyelid and eye related problems. Blepharitis is a common cause of dry eye conditions due to the fact that the oil glands that are infected in blepharitis are the glands that produce the oil layer of the tears. The oil layer of the tears is the top layer of the tears, and one of its functions is to keep the watery layer of the tears from evaporating. Other common problems produced by blepharitis include styes, chalazia, conjunctivitis, keratitis (inflammation of the cornea), loss of eye lashes, and in-turning of eyelashes which then rub on the eye. That is known as trichiasis. It is better to treat blepharitis before some of these secondary problems develop.



Blepharitis

is an inflammation of the eyelids and eyelashes. It causes red, irritated, itchy eyelids and dandruff-like scales on eyelashes.

Handicap Accessibility and Our Office

We have long had a wheelchair ramp on the north end of our building. Some patients are still not familiar with that fact, since it is at ground level and not very visible from the street. In recent years, we finished replacing sidewalk sections in front of our office to make the whole area very smooth. We had found that some of our mobility-impaired patients still preferred coming in the front door, so this should make it easier for them getting out and back to their cars.



NEW OPTOMETRIC EQUIPMENT IN 2020 AT KENTON VISION CARE

In July we purchased a computerized vision chart to replace the standard projector eyechart. The computerized eyechart has a higher contrast between the letters and the background. It also has multiple other eyecharts besides letters including numbers, picture figures for preschool age children, contrast sensitivity testing for certain medical eye conditions, color vision testing, and depth perception testing.

Did You Know?

- 80% of learning is through vision
- 1 out of 4 school-age children has an undiagnosed vision problem
- Children do not know how they should see.

Remember that appropriate vision testing at an early age is vital to ensure your child has the visual skills he or she needs to perform well in school. A child who is unable to see print or view a blackboard can become easily frustrated, leading to poor academic performance.

Help your child have the best possible vision for school. Call our office today to schedule your child for a comprehensive eye exam.

Non-Ocular Health Disorders We Have Detected During Eye Exams

- high blood pressure
- high cholesterol
- diabetes
- acne rosacea
- post stroke
- carotid artery occlusion
- stroke
- defective heart valve
- pseudo-tumor cerebri (idiopathic intracranial hypertension)
- multiple sclerosis
- brain tumor

1. The eyes are not isolated from the rest of the body. The eyes are connected to the rest of the body through:
 - ◇ the circulatory system
 - ◇ the hormonal system
 - ◇ the nervous system—the optic nerve is a tract (extension) of the brain.
2. An “eye exam” is not just an examination of the eyes. It is also an examination of the circulatory system and nervous system. The eyes are the only structures in the body where you can see both the circulatory system and the nervous system. These systems can be examined non-invasively with the dilated internal exam and/or visual field testing.
3. Some of these conditions were symptomatic and some were not, when they were found. In cases where the problems were symptomatic, the patients thought the problem was only with their eyes.
4. In an eye exam, we may not find the non-ocular disorder itself, but we find evidence of it.

INTRODUCING.....Our Doctor and Staff

Dr. Warner graduated from The Ohio State University College of Optometry in 1990. After graduation he joined the practice that was founded by Dr. Paul Nicely in 1950, and he purchased the practice in 1992. Dr. Warner is a member of the American Optometric Association, Ohio Optometric Association, Kenton Rotary Club, and attends Immaculate Conception Church. Dr. Warner is married to Patty and they have two children and a cat.

Patty has worked in the office on a part-time basis since 2000. Currently, she works on the administrative side of the practice. Patty is married to Dr. Warner and they have two sons. She is actively involved in her church and enjoys spending time with family and friends. One of these days she will tackle organizing 20 years worth of family photos.

Tammy has worked for Dr. Warner since March of 2003. She is office manager, does insurances and billing, and works with all areas of patient needs. She and her husband Rob have three sons, two granddaughters, and twin grandsons. Tammy enjoys family get-togethers, and family activities, and scrapbooking.

Karen started working for Dr. Warner in 2016. She and her husband Roger have been married since 2005. She was born in Baltimore, Maryland and was an Army brat until her father retired and settled in this area. She enjoys time with her family and friends and attends Only Believe Christian Ministries.

Coleen started working for Dr. Warner in July of 2018. She has a BS in accounting from the University of Cincinnati. She has worked in some aspect of healthcare since 1984 ranging from physician practice management to healthcare software implementation. She moved to Kenton in 2014 to be near family.

Krista worked for Dr. Warner from 2015 thru 2019 and then started again in November of 2020. She was born in San Diego, CA, where she worked for an Optometrist from 2006 thru 2013, and has lived in Kenton since 2013. She and her husband have been married since 2011. They have 3 dogs, 4 cats, and 3 guinea pigs. She enjoys camping, boating, fishing and being with family.

For your convenience, we accept Visa, Mastercard, Discover, American Express, and Care Credit.



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